



## Yoga and cultural trip to India 2010 Member reviews

(Ratings are from scale of 1 to 5 where 1 is worst and 5 is best)

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| Food- 5 out of 5                                     |
| Hotel accommodations- 4                              |
| Location of yoga classes-5                           |
| Yoga class sessions- 4                               |
| Hospitality and professionalism to tour operators- 5 |
| Overall experience of the trip 4.5                   |

**By-M.T.**

**The offering of exposure to the culture and the country was outstanding. A true cultural immersion with tons of history and learning.**

Shopping experience: The markets were so alluring and filled with items that you do not always see here in the states. I would have loved to explore more and browse but the pace meant to grab it while you can. There was such a large market system to explore, now I know why we see made in India as often as we do on items.

What is your best memory of the trip :The looks on the children's faces in the village, the cows walking amongst the people mixed in with cars, rickshaws and bikes and a market that was alive and filled with colorful beauty.

What was the best part of the Trip? The boat ride on the lake over to a wonderful resort for lunch and the experience of gorgeous gardens. Not even a part I knew was included but by far my warmest memory.

**By-M.P.**

Hotel: All three hotels were good. I'm usually only looking for basics, although the luxury of the hotel in Udaipur was nice.

Food: Better than I ever thought it would be. From street vendors to nice restaurants, we had experienced a wide range, and it was all good! I liked the bowls made out of leaves. Fast food places in the US should try that.

Yoga Classes: We had very good classes; it was nice to have an instructor from the area; there was a little too much talking, which took away from the practice.

Location of Classes: I liked the roof top classes.

Best memory: The craft market where people were making things and had some for sale. I liked the feeling of the place and there were people playing music, and then the dancers started performing.

Best part: I enjoyed the day we went to the fort. The drive there was long but I liked watching out the window, the different towns, the farms, etc... The view from the top of the fort was unbelievable. It looked like the great wall of china. And the mountains all around, it was beautiful.

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By- K.F.

What are your food experiences during the trip?...I absolutely enjoyed the food...the tastes and the new experiences...being introduced in a personal way with an understanding of the way the food is partaken of in India...it supported my way of eating

Hotel accomodations : Of course Udaipur was the most beautiful and allowed a glimpse of how some people lived...the special ness of the proximity to Gandhi's ashram and the access to the Taj Mahal made up for the austerity of those facilities

Location of yoga classes: loved both locations...the openesss on the roof was wonderful...and the parrots in the tree connecting us to nature.

Hospitality of tour operators: The hospitality could not be surpassed. it made the trip happy...made me feel part of the country more than an observer.

How was your shopping experience on the trip? - just right...we claimed the freedom to shop....it was local and real and we had your guidance because we did not know the value of anything...

What is your best memory of the trip?...it changes as days pass...the most significant was the visit to Gandhi's ashram...as I read his book I explore my thoughts and philosophy...always part of my life, deeply happening at this time...I have a new understanding of the people of India and a respect and love for their way of life...it is a beautiful life so different from mine...that experience is one of the major reasons that I travel

Changes in future trip you suggest.: Little more structured and secluded time for yoga sessions and separate the travel- tour part.